



DESIGNED2WIN

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To Whom It May Concern

RE:Terrie Sanders, Healthy Human Performance

I have known health consultant, Terrie Sanders, for at least 10 years, and have worked with her personally as she advises people on health matters. During that time I have instructed her in the Free Radical Therapy (FRT) methodology for attaining health.

The FRT concept is based upon a systematic examination of chemistry, aimed at revealing the health of the seven primary homeostatic controls that the body calls upon to keep each of us free of disease, infection, cancer, and environmental toxic exposures. Abnormalities in one or more of these homeostatic controls are consistent with health risk or some loss of health. Health recovery – and lasting health with health risk reduction – requires specific, measurable improvement in the state of these homeostatic markers.

Under my personal supervision over the years, Terrie has shown remarkable ability towards interpreting body chemistry relative to the FRT, health model-based system described here, and towards supporting a person's chemistry through diet, lifestyle, and food supplementation. I can attest to the fact she thoroughly understands the concepts, and has helped many people towards improving their health and reaching the health goal(s) they had set for themselves.

Healthfully yours,

H. L. Sam Queen